Uplift Oregon

2025 Benefits Enrollment Checklist

1. Review the 2025 Summary Of Benefits. You know what you need out of your healthcare plans. Compare the available plans to find the best fit.

🌐 UpliftOregon.org/PEBB-Summary-of-Benefits

2. Find details for plans and healthcare vendors in the 2025 PEBB Enrollment Guide. Research and choose a healthcare plan for yourself and your family.

🌐 UpliftOregon.org/PEBB-Enrollment-Guide

3. Get the details on your costs. Now that you have a better idea of what you and your family need for plans and services, it's time to find out how much this may cost. Visit the Premium Estimator tool to get a customized estimate.

🌐 PEBBpremiumestimator.com

4. Overwhelmed? Need a guide? You have so many benefits to consider that it might be helpful to learn about your benefits using PEBB's Explore Your Benefits online tool. Benefit information is set up in a simple game format where you can earn badges as you explore more information about your benefit options.

🌐 PEBBExploreYourBenefits.com

5. Want to save money? Look into FSA's (Flexible Spending Accounts)! Check out the ASI flex savings calculator to see how much you can save on doctor visits, prescription drugs, dental, vision, and over-the-counter healthcare expenses. While you're on the ASI Flex page, you can also explore more information about the Dependent Care FSA and the Commuter FSAs.

🌐 UpliftOregon.org/ASIcalculator

6. Still have questions on some specifics? Contact PEBB with any detailed questions that you have between 8:00 a.m.-5:00 p.m, Monday-Friday.

📧 PEBB@dhsoha.state.or.us   📱 503-373-1102

7. Setup/login in to your PEBB account. If you're new to PEBB, use your OR number or employee number to setup your PEBB account. If you already have a PEBB account, verify you can log into your account.

🌐 Oregon.gov/oha/pebb/pages/index.aspx

8. Make your selections & review before you submit. Select each of the benefits you want to enroll in. Review all your selections and any dependent information for accuracy before submitting your enrollment or changes.